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Cast Iron Cookbook: Vol.3 Dinner Recipes



Synopsis

Cast Iron Cookbook Recipes Just For You

Cast iron skillet cooking is making a serious comeback finally. Cast iron has always been known to have even heating, great heat retention and is so versatile you can use it on a grill, toss it in the oven or even use it over an open flame. Yet very few people were using it. Some people claim to have been handed down cast iron cookware that is 150 years old. That is amazing. Maybe a bunch of grandmas got together and decided it was time to revive cast iron cooking from the slow death it was experiencing. Who knows and really who cares, you just want to eat great tasting food.

What's So Great About Cast Iron Cookware

For starters, there is the nostalgic feeling you get cooking with them if your family were avid users when you were a kid or those grandparents you only saw once in a while. The flavoring is just better in cast iron as it seems to release its own unique taste. It somehow captures the aromas of many delicious meals and melds it with whatever you are cooking. Cleaning cast iron is not near as difficult as you have been led to believe. Just clean it while it is still warm instead of waiting until all the food is baked right on. You don't want to use soap on it and can just use hot water. Now if you love to cook and then soak your pans cast iron will not be your friend. You do not want to soak cast iron as it might rust and then you will really need to do some work. You do need to season your skillet after buying it which does take about an hour (instructions inside) but then you have a skillet that will last for years and years. Cooking with cast iron is more convenient than traditional pans. You can start the recipe on top of the stove and then finish it off in the oven without changing anything. Just slide the skillet in. Or put the pan right in the oven to start and when it is done serve it right from the pan. Who needs casserole dishes? You can essentially make any recipe you can imagine in a cast iron skillet. Would You Like Even More Recipes? You should always have a variety of recipes at your fingertips which is why you will want to check out all the cookbooks in the series: Cast Iron Cookbook Vol. 1 Breakfast Recipes Cast Iron Cookbook Vol. 2 Lunch Recipes Cast Iron Cookbook Vol. 4 Dessert Recipes Purchase today and start enjoying your recipes right away. Scroll to the top of the page and select the buy button.

Book Information

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Customer Reviews

Charity Wilson is the loving mother of four children, well five if you count her husband of over 25 years. She has worked in various jobs over the years but realized one day home is where she needed to be. After a lot of deliberation and research, she decided to become a full-time writer. Being a full time at home mom and writer sounds like a lot of work and for good reason, it is. She loves every minute of the organized chaos that is her daily life. It is what fuels her ideas and inspires her to write the books she does. She loves to share what she knows and is always willing to learn something new. She loves to cook and create new recipes which you will find shared throughout her various cookbooks. She stays up to date on the most current diets but doesn't particularly follow any one of them. She eats to enjoy while consciously watching her health. She knows people need a variety of recipes to avoid the boredom that leads to weight gain and tries to fill that void. Her passions don't stop at cooking and she is an avid gardener, organizer and loves reading. She is known amongst the kids in the sports community as the lady with the best chocolate chip cookies ever. She enjoys being able to watch her children play sports and is quite active herself. In the end, you could call her a homebody. Charity is all about living life with passion and enjoying every moment. Life is about enjoying good food, great company and waking up every day happy to do it all over again.

This book is devoted to dinner and is part of a series for those who enjoy using iron skillets, like me. I recommend it as a fun alternative to your usual cookware fare. If you enjoy spending time in the kitchen, try it out for some nice surprises. You will learn how to use and clean the device and some great tasty recipes like lasagna, chicken and biscuits, and taco pie. This is ideal for families and light entertaining. I don't think you will want to go back to the old ways. You have months of meals.

Great cookbook for cast iron cooking. It's nice to be able to just pop open the book at the grocery

store and get my ingredients instead of making a grocery list or doing google searches on what I want to make in the middle of the store. Looking forward to a 4th volume!

Bought as gift.

Charity Wilson has done it again - another great series! In the past, we have only used out cast iron skillet to make crepes, but now it does everything! I make steak last night and it was sooooo good. Going to try the balsamic pork tenderloin tonight. Thanks!

Another great recipe book by Charity. I am impressed by her cooking creativity and I do learn quite a lot from her. Her books are helping me improve my overall cooking skills, especially in what I call: traditional recipes. Great for family dinners!

Great recipes! A whole book just for dinner recipes, which is my favorite meal because I eat it at the comfort of my home. But, besides the fact that the recipes taste great is the fact that they are easy to prepare and simple to organize.

Very useful. Easy read. Kindle good to go camping with. I eat well in the Rocky Mountains. GI explore more, and eat well

Great have made many recipes

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